(Registered Charity No: 1111259)

PRESS RELEASE
For immediate release
14th June 2014

The Bradford on Avon Leg Club has been so successful with over 100 members, that it has had to find bigger premises, it is moving from Wiltshire Heights Care Home to St Margaret's Hall in the centre of Bradford on Avon on 1st July 2014.

Bradford on Avon & Melksham Health Partnership with the support of The Friends of Bradford on Avon Community Healthcare, has been running a Leg Club at Wiltshire Heights Care Home since the 6th February 2014. Due to its success (over 100 members) the Club now needs more space for treatment and social activities and so is moving on the 1st July, to the newly refurbished St Margaret's Hall in Bradford on Avon. The Club will be open from 9am every Tuesday. The Leg Club is very grateful to Wiltshire Heights Care Home for making the Club members so very welcome and supporting its move to new premises. A Farewell Tea Party is being held at Wiltshire Heights Care Home at 3pm on Friday 27th June 2014. All Leg Club members are welcome.

The Leg Club is based on an award-winning model founded by former District Nurse Ellie Lindsay. Evidence shows Leg Clubs, which operate in a non-medical setting, lead to improved healing rates by encouraging members to become involved in their care. Venous leg ulceration currently costs the NHS an estimated £400m a year and this innovative approach has been shown to be more cost-effective in terms of nursing resource.

The Leg Club is run with the help of volunteers and staff from Bradford on Avon & Melksham Health Partnership (BOAMHP). Its specialist nurses and health care assistants will treat and dress patients' legs in

this non-medical setting adhering to the Leg Club's recognised standards for hygiene and infection control.

Since opening in February 2014 the Club treats 30 – 40 legs a week with over 100 members signed up to attend. This exciting initiative is in addition to the current traditional nurse appointment system already available.

Currently the Leg Club is only available to patients registered with BOAMHP, but in time it is hoped that collaboration with other GP Practices will enable all of Bradford on Avon's residents to access this Club.

For more information please contact:

Amanda Brookes, Project Lead or Anna-Marie Ivory, Leg Club Manager on 07703 139342 or Ros Carlile, Nurse Manager on 01225 866611



Friends of Bradford on Avon Community Healthcare –
Is pleased to support the Leg Club
(Registered Charity No:289242)

Notes to editors:

1) Leg ulcers (and other chronic leg problems like lymphoedema) can affect people at any age, but are particularly common in people over 60. At present, over 80 % of all leg ulcers are treated in patients' own homes by district nurses or by practice nurses in GP surgeries. However, patients often find it difficult to adhere to treatment plans, or to maintain the preventive measures needed to avert recurrence of the ulcer. Many leg ulcers consequently recur, or remain unhealed for many months or even years.

2) The Lindsay Leg Club Foundation exists to promote the national development of Leg Clubs. The Foundation also provides the necessary support and training for nurses to establish Leg Clubs and follow the

Foundation's guidelines, as well as ongoing training in new developments in leg care.

3) The Leg Club is an innovative model of care that has been shown to improve the health and wellbeing of people with chronic leg conditions.

For further information about the Leg Club Foundation and Leg Clubs visit:

www.legclub.org